

# HOW TO USE THIS RESOURCE

**Lessons on the Go** are easy-to-use youth ministry lessons that are Bible-based and single-focused. They're designed to help everyone from volunteer leaders to experienced full-time youth workers quickly facilitate great discussions with clear takeaways and real-life application steps.



## WHAT TO DO

### 1. **One handout / Two options:**

- **SIMPLE:** Give everyone both front and back pages. Just print and go!
- **CUSTOM:** Give students the back page. Keep the front page as a leaders-only resource so you can customize the opening question, teaching, and discussion prompts for your group's needs.

2. **Apply It:** Challenge students to get specific. Growth happens when we make a plan, then ask others to keep us accountable. You may want to assign a different student to personally follow-up after each lesson.

3. **End with prayer:** Each lesson ends with a different prayer method to help students continue thinking about how The Takeaway applies to daily life. Spend a few minutes walking through the prompts to make sure your students know what they need to do when they're on their own during the week.

## I RESOLVE SERIES OVERVIEW

### Four lessons on godly resolve.

These 4 lessons will show what kind of resolutions Christ-followers make. Unlike the New Year's Resolutions that show up every January, Scripture gives us several examples of strong, godly resolve. Godly resolve is a commitment to God and his ways, powered by God. This series will challenge students to understand what resolve looks like, what Christ-followers resolve, and what to do when our resolve fails.

### LESSON 1

Stay Strong

**SCRIPTURE:** Daniel 1:1–17

**THE TAKEAWAY:** Godly resolve helps Christ-followers stay strong when the world is against them.

### LESSON 2

Drop Your Backpack

**SCRIPTURE:** Philippians 3:7–14

**THE TAKEAWAY:** The best resolution you could make is to know God more.

### LESSON 3

Your People, My People

**SCRIPTURE:** Ruth 1:1–18

**THE TAKEAWAY:** Resolving to commit to God means you commit to God's people, too.

### LESSON 4

Plugged In

**SCRIPTURE:** John 15:1–11

**THE TAKEAWAY:** We won't always keep our commitments, but Jesus will always keep his commitment to us.

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HELPING YOUTH WORKERS BE INTENTIONAL